



KBA Curriculum

5th Grade

Passing & Receiving

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Drill	Key Coaching Points	Terminology
Post Entry Laker Cuts	Ball fakes on post entry Pass away from defense Read the defense on laker cut Catch & Settle in the post	Ball fakes Laker cut Post Entry
3 Man Keep Away	Power position Ball fakes Poise under pressure Sharp passes	Power position Ball fakes Poise Passing window
Badger Passing	Take your space Poise Hard, sharp cuts Post to catch	Take your space Hard cuts Post to catch
Small Area Passing	Take your space Power Position Ball Fakes Run through the ball	Take your space Power Position Ball Fakes Run through the ball
Xavier Completions	10 - 15' cuts Hard cuts Run through the ball Take your space	Take your space Run through the ball Change speeds
60 Passes	Take your space 10 - 15' spacing Hard cuts to the rim & ball Change speeds Pass away from the defense	Take your space Change speeds Pass away from defense

