



KBA Curriculum

5th Grade

Team Offensive Concepts

½ Court Offense

Drill	Key Coaching Points	Terminology
2 Ball Live	Communication Emphasize any offensive or defensive concept	Game speed Make the defense make a decision Read the defense Hard cuts Draft Drive L Cuts Exchanges
1/2 Court Possessions	Stop the action to teach in 5 second pieces Emphasize any offensive or defensive concept	Emphasize any offensive or defensive concept
Score, Stop, Score	Emphasize any offensive or defensive concept	Emphasize any offensive or defensive concept

Transition Offense

Drill	Key Coaching Points	Terminology
FT Possessions	Communicate Press defense - 14, 24, 34, 32, 42 FT block out responsibilities Emphasize any offensive or defensive concept Pressbreak execution	14, 24, 34, 32, 42 Boston Pressbreak
Fullcourt Possessions	Communicate Press defense - 14, 24, 34, 32, 42 Pressbreak Execution Emphasize any offensive or defensive concept	14, 24, 34, 32, 42 Boston Pressbreak
Spartan Transition Progression	Rim runners Kick aheads Smooth transition to offense Attacking in transition, 0 sides of the floor	Rim Run Outlet Sprint the Floor Sides of floor Transition offense

Fullcourt Offense

Drill	Key Coaching Points	Terminology
2 Min Game	Look for situations to coach players through Allow them to think about them first - ask questions Huddle following each 2 min game to discuss Stop action at any time to teach - 5 second teaching points	Time & Score

