



KBA Curriculum

3rd Grade

Team Offensive Concepts

½ Court Offense

Drill	Key Coaching Points	Terminology
4 v. 0 Dummy Offense	Limit dribbles per catch when live 5-8 passes prior to shooting is a good start Aggressive catches and cuts Emphasize any offensive or defensive concepts	Read the defense Dribble Ats (Layer 2) Fill Up / Fill Hard Communicate
3 on 3	Recognize Dribble Ats Recognize Draft Drives Attack Closeouts Emphasize any offensive or defensive concepts	Dribble Ats Draft Drive Hard cuts Aggressive catches
4 on 4 Sides	Reverse the ball Good passes & catches Require scoring after 2nd side of floor Emphasize any offensive or defensive concepts	Sides of the floor Value the possession OUR best shot

Transition Offense

Drill	Key Coaching Points	Terminology
Transition Shooting	Full speed into catch Game speed Head up, eyes on rim	Game Speed Head up Sprint the Floor
Dummy Chaos	Rim Run Wings wide Outlets Pass the ball ahead Communication Emphasize any offensive or defensive concepts	Rim Run Outlet Kick ahead
Spartan Transition Progression	Rim runners Kick aheads Smooth transition to offense Attacking in transition, 0 sides of the floor	Rim Run Outlet Sprint the Floor Sides of floor Transition offense

