

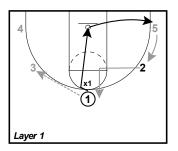


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### **Foundational Layers (1-6)**

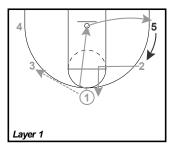
## Layer 1 -Pass & Cut - Basket Cut



#### **Basket Cut**

- \*Cutter should try to FACE CUT (shown) the defender, but could BACK CUT if defender jumps hard to the ball
- \*Anytime a player passes, a HARD cut should follow
- \*Cut must be made TO the rim, then finished by filling the open spot outside the Read Line

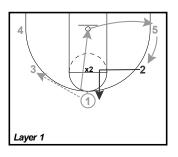
## Layer 1 - Pass & Cut - Fill Cut



### Fill Cut

- \*Player should look to fill any perimeter spot open above them
- \*In this case, 5 fills the spot vacated by 2 who filled the open spot left by 1

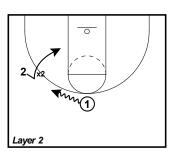
## Layer 1 - Pass & Cut - L Cut



#### L Cut

- \*Type of Fill Cut used when filling the point or when defender is in a flat help position or denial up the line
- \*Offensive player walks or jogs directly at the defender, then makes cut to fill or backcut based on how the defender responds - defense stays under, offense fills t o perimeter' defense steps up and denies, offense backcuts to rim

### Layer 2 - Dribble Ats

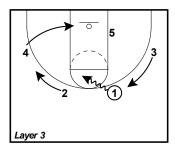


### **Dribble Ats**

- \*Anytime the ball is speed dribbled at an offensive player, he must take 1 step to the ball then immediately back cut
- \*If the defender is past the Read Line or takes a step up with the offensive player, the passer should throw the pass just off the defenders back foot \*A back cut must always be completed to the rim

### **Foundational Layers (1-6)**

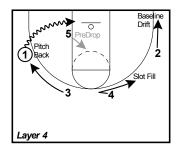
## Layer 3 - Circle Movement - Dribble Penetration



Circle Movement

- \*Drive to Right slide Right
- \*Drive t o Left slide Left

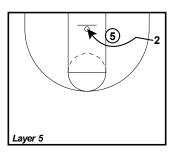
### Layer 4 - Baseline Adjustment - Dribble Penetration



### **Baseline Adjustment - Baseline Drift**

- \*Adjustments from regular Circle Movement on a baseline drive
- \*Pass must be made with hand away from the defense
- \*Driver must reverse pivot on the foot furthest from the baseline to throw the Pitchback pass

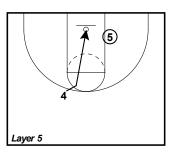
### Layer 5 -Post Pass & Cut - Laker Cut



### **Laker Cut**

- \*On post entries, the passer has the option to follow his pass with a cut off the post (or space if a shooter)
- \*Cut should be made to the opposite side of the post defender

## Layer 5 - Post Pass & Cut - Rip Cut

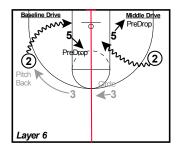


#### Rin Cut

\*On post entry, backside guard looks to dive to space at the rim \*Depending on how the post is defended the cutter will be open or will create openings for teammates

## Foundational Layers (1-6)

## Layer 6 - Post Slides - Dribble Penetration



### Post Slides - PreDrop

- \*On dribble penetration, anyone occupying the post position must move based on where the drive occurs
- \*Players must perfect PreDrop form and execution

## Layers 1-6 Foundation

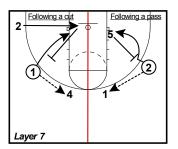
## Laker Fill S

### Post Entry Actions

- \*Post must catch and settle unless scoring opportunity is obvious
- \*on catch and settle, post checks inside shoulder and reads defense

### **Enhanced Layers (7-11)**

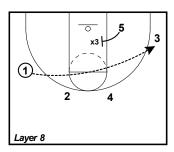
## Layer 7 - Backscreens



### **Back Screens**

- \*Rather than filling to the open spot, cutter back screens to fills a spot on the perimeter
- \*Post can also step out to back screen after posting or whenever the ball is passed

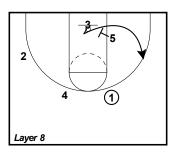
### Layer 8 - Post Screens - Pin & Skip



### Post Screens - Pin & Skip

- \*Usually from 4 Out movement
- \*Occurs when ball is away and post has stepped off the lane line to short corner
- \*Post looks to screen wing defender inside to open skip pass for shot or drive opportunity
- \*On skip pass, post should immediately turn & post hard

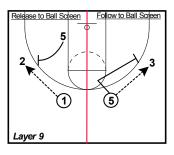
### Layer 8 - Post Screens - Pin Downs



### Post Screens - Pin Downs

- \*Usually from 4 Out movement
- \*Occurs when a player finishes a basket cut and is filling the open position on the side of the post
- \*Post looks to screen for perimeter player as he returns to the perimeter \*Post should look to seal and post following screen

### Layer 9 - Ball Screens

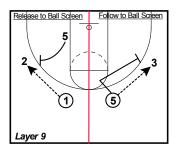


### **Ball Screens**

- \*Who, when, and where ball screens are set will be dependant on the rules in place for individual players
- \*Three most common Ball Screen rules:
- Anytime 5 passes on perimeter, follow and ball screen (shown)
- Anytime 2 catches the ball on the perimeter, 5 releases from post position and sprints to ball screen (shown)
- Anytime 5 has the opportunity to ball screen, regardless of where the ball is or who has it

### **Enhanced Layers (7-11)**

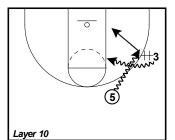
## Layer 9 - Ball Screens



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- \*Who, when, and where ball screens are set will be dependant on the rules in place for individual players
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## Layer 10 - Power Dribbles

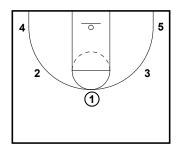


### **Power Dribbles**

- \*Another way to initiate ball screens
- \*When a player cannot move the ball on the perimeter, he should immediately power dribble at another player to initiate a dribble handoff/ball screen opportunity
- \*Technique and execution of of Power Dribbles and dribble handoffs must be sharp

### **Formations**

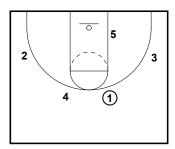
### 5 Out



### 5 Out

- \*Should be the starting point for all teams
- \*Focus is on teaching all basketball skills to all players \*These 5 positions on the floor should be filled on each catch

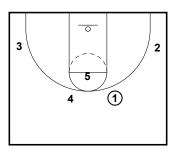
### 4 Out - Low



### 4 Out-Low

- \*A progression from 5 Out depending on personnel
- \*All 4 perimeter spots should be filled on each catch
- \*The 4 perimeter players play by same rules as 5 Out
- \*Post will have specific rules depending on skill set
- \*The Low position allows for postups, pin & skips, pin down screens

## 4 Out - High

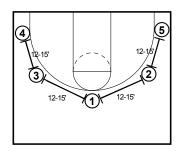


### 4 Out- High

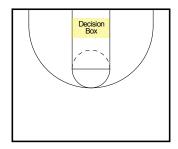
- \*A progression from 5 Out depending on personnel
- \*All 4 perimeter spots should be filled on each catch
- \*The 4 perimeter players play by same rules as 5 Out
- \*Post will have specific rules depending on skill set
- \*The High position allows for a lot of back screens and ball screens

## **Spacing Terminology**

5 Out Spacing



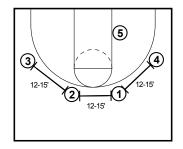
### Read Box



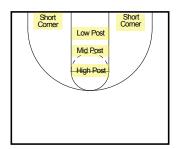
### **Decision Box**

\*Once a player completes cut to the rim, the DECISION BOX is where the player determines which perimeter spot to fill

## 4 Out Spacing



## **Post Areas**



### **Post Areas**

\*Post players may occupy any of the areas shown depending on the offensive movement being executed

## **Spacing Terminology**

### **Motion Line**

# 2 3

### Motion Line

- -Step below the FT line Higher and Wider
- -Allows for cuts in both directions & creates space for post ups

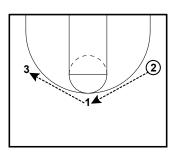
## **Screening Lines**

## 2 3

### Screening Lines

- -Down Screens, Flare Screens, & Back Screens should happen on or above the screening lines
- -Higher and Wider

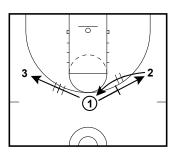
## Side Top Side



### Side-Top-Side

- \*Concept of reversing the from 1 side of the floor to the other side
- \*Ball reversals cause the defense to change from ballside to helpside, increase their chance for making a mistake

### Sides of the Floor

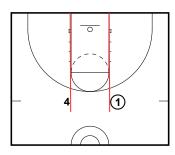


### Sides of the Floor

- -Refers to ball reversals
- -We wants shots on the 3rd side of the floor
- -Most bad shots occur on the 1st or 2nd side of the floor

## **Spacing Terminology**

## Slots

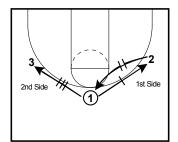


### <u>Slots</u>

- -2 guard positions in 4 Out, 1 In
- -NBA 3 point line depth, outside lane lines

### **Miscellaneous**

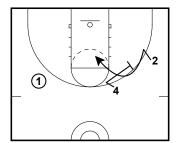
### Sides of the Floor



### Sides of the Floor

- \*Refers to ball reversals
- \*We want shots on the 0 Side (Transition) or the 3rd Side (after 2 ball reversals) unless we have a great shot (an 8 or 9) on the 1st or 2nd \*Most bad shots occur on the 1st and 2nd sides of the floor

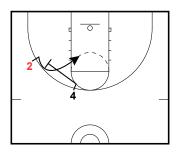
## Centering the Ball



### Centering the Ball

- -Ball needs to be between the Slots as much as possible
- -Allows for screening actions on both sides of the floor to be viable scoring options
- -Centering the ball by the dribble or pass is often needed on each possession

### Cutter



### <u>Cutter</u>

- -Player tht receives screens
- -Also allowed to set screens for screeners or cutters
- -Most create scoring opportunities for self and teammates

### **Basket Cut**

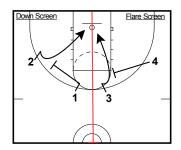


### **Basket Cut**

- -All cuts are setup by the basket cut, usally following a pass
- -Cutter should try to face cut the defender, but could back cut if defender jumps hard to the ball

### **Miscellaneous**

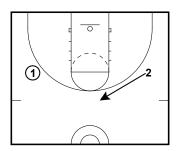
## Zip Cut



### Zip Cut

- -Use when defender is cheating the screen
- -Sell use of the screen
- -Swim and backcut at point of screen

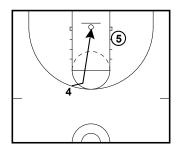
### Fill Cut



### Fill Cut

- -Used to fill open perimeter position without a screen
- -Usually to fill the point or slot position to create ball reversals

## Rip Cut



### Rip Cut

- -On post entry, backside guard looks to dive to space at the rim
- -Depending on how the post is defended the cutter will be open or will create openings for teammates

### Laker Cut

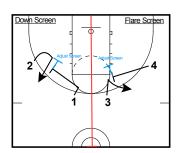


### Laker Cut

- -On post entries, the passer has the option to follow his pass with a cut off the post (or space if a shooter)
- -Cut should be made to the opposie side of the post defender

### **Miscellaneous**

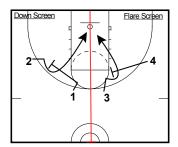
### **Fade Cut**



### Fade Cut

- -Use when defender goes under the screen
- -Screener must adjust screen to keep defender under
- -Cutter must make contact with screener and push screener into defender

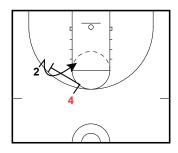
### **Curl Cut**



### Curl Cute

- -Use when defender is chasing the cutter
- -Cutters job is to get his defender into screens
- -Cutters shoulder to screeners hip grab shorts

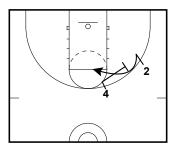
### Screener



### <u>Screener</u>

- -Primary responsibility is to screen and 2nd cut
- -Must be vocal and communicate screens

## Down Screen

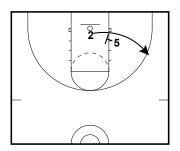


### Down Screen

- -Screener's back to ball
- -Pop feet. Screen to contact.
- -Set for a cutter below screener

### **Miscellaneous**

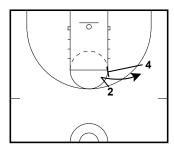
### Pin Down Screen



### Pin Down Screen

- -Screener's back to sideline
- -Pop feet. Screen to contact
- -Set for players returning to perimeter, along the lane line
- -Should be followed by an immediate hard post up

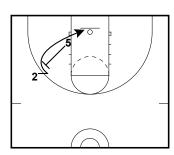
### Flare Screen



### Flare Screen

- -Screener's back to the sideline
- -Pop Feet. Screen to contact
- -Set for a cutter above the screener

### **Back Screen**



### **Back Screen**

- -Screener's back to basket
- -Pop feet. Screen to contact.
- -Set by posts stepping out or cutters on way out of lane