



# KBA Curriculum

## 3rd Grade

### Footwork & Body Control

#### Passing

Drill	Key Coaching Points	Terminology
Partner Passing	Step Through the Pass Catching it with Hands (not body) Chest, bounce, wrap around passes Pass Fakes	Pass Fake Step through the pass Target Hands On Time & On Target
Dribble, Pivot, Passback	Hands & feet ready to catch Catch low in triple threat Rip low - below knees Opposite pivot foot Closeout with high hands & choppy feet	Rip & go Shot fake Jab & go 1 - 2 Footwork Attack Hips
Scramble Passing	Communication Pivot to Find Open Man Show Hands on Catch Run Through the Ball Catch On Balance	Square Up Target Hands Left Pivot Foot/Right Pivot Foot

#### Receiving

Drill	Key Coaching Points	Terminology
Star Passing	Catch with hands Communicate Step through the ball on catch	Step through the ball Target Hands
Pass and Cut (Layer 1)	Have defender jump to ball = backcut Have defender Not jump to ball = facecut Hard Cuts Check Rim Communicate Clean catches Change finishes & w/ or w/o dribble	Face Cut & Back Cut Finish cuts Read the defender Power layup Finish Strong
4 Corner Passing Communicate	Communicate Catch with hands Step into catch Sharp passes Good pivots	Target Hands Catch it clean Sharp passes

