



KBA Curriculum

4th Grade

Passing & Receiving

Passing

Drill	Key Coaching Points	Terminology
X Out Passing	Communication Rip ball low Pivot all the way through Pass with hand away from defense	Target Hands Low rip Full pivot
Dribble, Pivot, Passback	Hands & feet ready to catch Catch low in triple threat Rip low - below knees Opposite pivot foot Closeout with high hands & choppy feet	Rip & go Shot fake Jab & go 1 - 2 Footwork Attack Hips
Tennessee Passing	Target Hands On time & on target Step through pass	Target Hands On time, on target Step through pass

Receiving

Drill	Key Coaching Points	Terminology
Scramble Passing	Power position Pivoting to find open man Running THRU the ball Communication	Power position Square up Left pivot foot / Right pivot foot
Pass and Cut (Layer 1)	Have defender jump to ball = backcut Have defender Not jump to ball = facecut Hard Cuts Check Rim Communicate Clean catches Change finishes & w/ or w/o dribble	Face Cut & Back Cut Finish cuts Read the defender Power layup Finish Strong
1/2 Court Buckeye Passing	Step through pass Strong finishes Target Hands Passes on time & on target	Power layups Target Hands On time, on target

