



KBA Curriculum

5th Grade

Team Defensive Concepts

½ Court Defense

Drill	Key Coaching Points	Terminology
Mass Post Shell	Game Speed - quick to position Proper position Wallup & Box Communication	Front 3/4 Wrap Deny Wallup
4 on 4 Shell	Stay in a stance Communicate Sprint to new position Emphasize any defensive concepts	On ball Gap Attack side Closeouts Fake & Fall
Butler Wallup	Straddle pivot foot Eat up space Hands behind ears Velcro chest to offense Finish with box	Wallups
Perfect Possession	Uphold our standards and expectations-don't let anything slide You get what you allow Communication Teach them how to handle failure	The Toughest Team Wins Next Play

Transition Defense

Drill	Key Coaching Points	Terminology
FT Possessions	Communicate Press defense - 14, 24, 34, 32, 42 FT block out responsibilities Emphasize any offensive or defensive concept	14, 24, 34, 32, 42
Fullcourt Possessions	Communicate Press defense - 14, 24, 34, 32, 42 Execution Emphasize any offensive or defensive concept	14, 24, 34, 32, 42

TOUGH

PASSIONATE



UNIFIED

THANKFUL