2nd/3rd Grade Halfcourt Offense

4 on 0 Dummy Offense



Progress to 5v0, 4v4 token, 5v5 token

- 1. Coach sets number of passes prior to shot
- 2. Coach sets how players are to score face cut, back cut, fill rip & attack, etc
- 3. Players execute while remaining fundamental

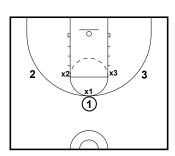
Coaching Points

- *Limit dribbles per catch when live
- * 5 8 passes prior to shooting is a good start *Aggressive catches and cuts
- *Emphasize any offensive or defensive concepts

Terminology

Read the defense Dribble Ats (Layer 2) Fill up / Fill hard Communicate

3 on 3 Live



3v0 to start, progress to 3v3 Live

Possible limits - 1 side of floor, no dribbles, 1 dribble, no screens, paint touch required, specific player must score, must score off specific action

Coaching Points

- *Recognize Dribble Ats
- *Recognize Draft Drives
- *Attack closeouts
- *Emphasize any offensive or defensive concept

Terminology

Dribble Ats

Draft Drives

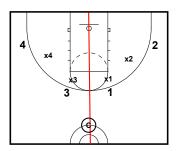
Hard cuts

Aggressive catches



2nd/3rd Grade Halfcourt Offense

4 on 4 Sides



Coach enters ball to start - the ball can change sides 1.3 & 4 must stay on LEFT side

2. 1 & 2 must stay on RIGHT side

Coaching Points

- *Reverse the ball
- *Good passes & catches
- *Require scoring after 2nd side of the floor *Emphasize any offensive or defensive concepts

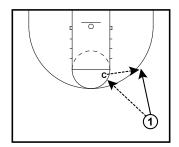
Terminology

Sides of the floor Value the possession OUR best shot



2nd/3rd Grade Transition Offense

Transition Shooting



1 ball for each player

- 1. Pass to coach at elbow & cut to the rim
- 2. Finishes-layup, power, opposite hand finish, rip to BL pullup, rip to middle pullup, rip to BL rim, rip to middle rim

Coaching Points

- *Full speed into catch
- *Game speed
- *Head up, eyes on rim

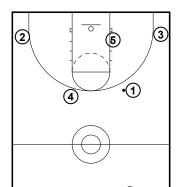
<u>Terminology</u>

Game speed

Head up

Sprint the floor

Dummy Chaos



Both teams begin with a rebound and outlet

- 1. Teams transition to opposite end scoring as instructed
- 2. On make, team transitions back to other end

Coaching Points

- *Rim Run
- *Wings wide
- *Outlets
- *Pass the ball ahead
- *Communication
- *Emphasize any offensive or defensive concepts

<u>Terminology</u>

Rim Run

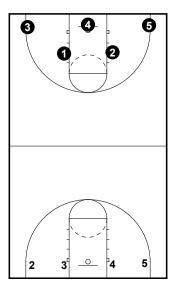
Outlet

Kick ahead



2nd/3rd Grade Transition Offense

Spartan Transition



Drill begins with FT by white

- 1. 2 on 1 for black
- 2. 3 on 2 for white (2 whites join)
- 3. 4 on 3 for black (2 blacks join)
- 4. 4 on 4 for white (2 whites join)
- 5. 5 on 5 black ball (1 black joins) FLIP IT

Coaching Points

- *Rim runners
- *Kick aheads
- *Smooth transition to offense
- *Attacking in transition 0 side of the floor

Terminology

Rim run

Outlet

Sprint the floor

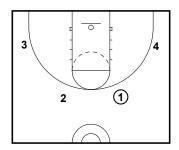
Sides of floor

Transition offense



4th Grade Halfcourt Offense

4 on 0 Dummy Offense



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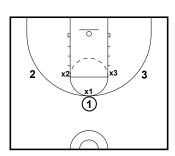
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Dribble Ats

Draft Drives

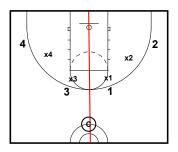
Hard cuts

Aggressive catches



4th Grade Halfcourt Offense

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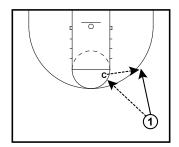
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4th Grade Transition Offense

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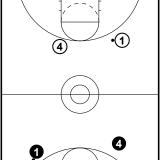
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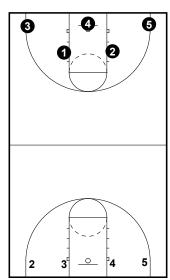
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4th Grade Transition Offense

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Sprint the floor

Sides of floor

Transition offense

